

Knoxville Area Service Committee

Monthly Meeting Minutes

December 17, 2022

Serenity prayer
Traditions
Concepts

Area Trusted Servants

POSITION	NAME	PHONE NUMBER	EMAIL
Chair	Justin	865-360-3175	
Alternate Chair	John	865-599-8968	
Treasurer	Blake-absent		
Alternate Treasurer	Joe		
Secretary Alt Secretary	Rachel Sam K absent	865-919-2800	
RCM	Sam absent		
Alternate RCM	James B		
H&I Chair	James M		
Public Relations Chair	Vacant		
KACNA Chair	Justin		
ROR Chair	Ian absent but justin has report		
Policy & Procedures Chair	Amber		
Outreach Chair	Preston		
KAZM Chair	vacant		
Activities Chair	Robert absent		

GROUP ROLL CALL AND MOTIONS

ROLL CALL	Group Name	Regional Motions			Area Motions		
		1	2	3	1	2	3
	Changes						
	Dopeless Hope Fiends						
	Easy Does It						
	Faith Over Fear						
	The Fix						
	Glow in the Dark						
	H.O.P.E.						
	Hope in the Hood						
	Hugs Not Drugs						
	Just For Today						
	Fearless inventory						
	Little River Group						
	One More 24						
	Nickel and Dime						
	Nightshift						
	No Name						
	Noon Thirty						
	Practical Applications						
	Primary Purpose						
	Raw						
	Recovery Riders						
	Recovery Plug						
	Serenity in Sweetwater						
	Sisters in Recovery						

	Something More Than Free						
	Sisters in Recovery						
	Solutions R Us						
	Thank God for New Beginnings						
	The Came to Believe Group of NA						
	Vol Group						
	Without Parallel						
	Groups Present	Quorum Met?				Yes/No	

TRUSTED SERVANT REPORTS

POSITION	REPORT
Chair	Justin Adhoc: we are federally recognized! Sending stuff off for state level. Reminder check be made to KASC inc. NO chair report. Leave room as we found it. We need to make a formal vote for Joe to be treasurer. Joe has willingness to be treasurer for another year. Needs alt treasurer to work with him. Been clean 40 years. Background in accounting. Willing to serve.
Alternate Chair	Schedules were not printed this month, waiting on printer cartridge that never arrived.
Treasurer	absent
Alternate Treasurer	Joe- switching out of blakes name into 3 accounts. Operating account, KACNA and ROR. 11412 balance. 9104 donations. 759.86 expenses. 19756.78. any member can verify with Joe or me to see bank statements, will not be posted due to sensitive information. 5K remain prudent reserve for ROR. 1,998.40 outstanding excess goes to region. Motion to accept GID, second by LRG.

Secretary	Rachel- please submit written group reports. And when we vote, I need each groups individual votes. 8/14 groups here today, qorum met.
RCM	Sam- absent
Alternate RCM	James B report added seprately
H&I Chair	James M- going pretty good
Public Relations Chair	vacant
KACNA Chair	Justin- supposed to meet last week, will meet this coming Thursday. Hotel in place, waiting to sign contract. Crowne plaza for sure. This Thursday on area zoom at 8:30 to nail down a time/ place to meet in future in person.
ROR Chair	Ian (absent) Justin has report: Jan 8 th zoom call to see whos interested at 6pm on area zoom. Area Zoom info : 5669013180 no password.

Policy & Procedures Chair	Amber- nothing new to report that Joe didn't already report.
Outreach Chair	Preston- one group had inventory and facilitated by sam D, working with LRG on GSR and meeting chair workshop will have dates next month.
KAZM Chair	vacant
Activities Chair	Robert absent

GROUP REPORTS

GROUP NAME	GSR	REPORT
Changes		
Dopeless Hope Fiends		
Easy Does It		
Faith Over Fear		
The Fix		New Years Eve; live DJ, Cards, dancing, \$5 a plate no addict turned away. Ringing in the new year with a 20 year medallion celebration
Glow in the Dark		NEW YEARS EVE 10-1230 gratitude meeting and then ring in new years, bring food. Serenity Club event (outside announcement) dinner at 1pm Does not meet at noon on M/W/F
H.O.P.E.		
Fearless inventory		
Hope in the Hood		
Hugs Not Drugs		
Just For Today		
Little River Group		Group Inventory went well, found practical solutions. Report and resources available New ad hoc meets 1/9 @ 6pm - inviting anyone to help. Guidelines, chairing, meeting formats, phone lists, and more. Printed agenda available New Year's Eve party 12/31 - little room is free entry, candlelight meeting 8:30pm kicks event off, Basic Text

		trivia 10:00pm, potluck, our 1st meeting of 2023 at 1am. Big room entry is \$3 / \$5 couple / no addict turned away / dance at 10pm after kickoff meeting with live DJ / NYE cake / silent auction / ball drop / cleantime countdown. Printed flyer available Looking for men and women contacts especially sponsors to put on phone list handouts for newcomers handed out at LRFG - could be a larger area initiative Looking to establish capture the flag ground rules Looking to team up with other groups to rally behind area activities and each others' home group events Looking to open up better communication with other home groups in the area Inviting any Rockford oldtimers to come back and help bring experience to our GC/s 2nd Wednesdays at 6:30pm
One More 24		
Nickel and Dime		
Nightshift		
No Name		Message is being carried
Noon Thirty		
Practical Applications		
Primary Purpose		
Raw		
Recovery Riders		
Recovery Plug		
Serenity in Sweetwater		
Sisters in Recovery		

Something More Than Free		Thursday at 6pm need support Open discussion meeting at 1633 Louisville Road, alcoa TN 37701. Handing out a 2 year medallion on jan 5TH!!
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Solutions R Us		
Thank God for New Beginnings		
The Came to Believe Group of NA		
Vol Group		
Without Parallel		

OPEN FORUM

Amber- maybe take back to discuss---2024 will be home for VRC as well as ROR and KACNA—all in the same year....discuss options.

Need VRC recommendation nomination

GSR or meeting chair workshops? If interested, bring back to area and/or preston.
GSR workshop maybe right after area?

Printer? Can we just get printed? Fed Ex is 17cents a copy and they fold it..

Need to make sure meetings are up to date

Meeting schedules will be printed by next month. But if any group wants to print their own, they are welcome to do so.

OLD BUSINESS

Sam K for alt secretary: PASSED

PNV- 2 (practical app, glow in the dark)

Yes- 6 (Fearless inventory, the fix, HOPE, LRG, no name, something more than free)

No- none

Abstain- none

Bonded- tabled again til new year

NEW BUSINESS

PR open position- Harold P interested, needs to come to area

Strawpoll last month voted in Joe S for Treasurer.

Motion to close-PA,2nd by GID

Group Roll Call 20222												
	Jan	Feb	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
Changes												
Dopeless Hope Fiends												
Easy Does It												
Faith Over Fear												
The Fix						x	x	x			x	x
Glow in the Dark		x		x		x	x			X		x
H.O.P.E.	X	x	x			x	x	x	x	X	x	x
Hope in da Hood			x	x		x		x	x			
Hugs Not Drugs	X	x	x									
Just For Today												
Fearless inventory								x	x	X	x	x
Little River Group		x		x		x	x	x	x	X	x	x
One More 24	X											
Nickel and Dime		x										
Nightshift	X	x	x	x		x	x	x			x	
No Name	X	x	x	x		x	x	x	x	X	x	x
Noon Thirty	X		x	x		x		x		X		
Practical Applications	X	x	x	x		x	x	x	x	X	x	x
Primary Purpose	X		x	x		x						
Recovery Riders								x			x	
Something More than Free									x		x	x
Sisters in recovery				x				x	x			
Solutions R US										X	x	
Thank God for New Beginnings	X	x	x	x		x	x	x		X	x	
The Came to Believe Group						x						
VOL Group	X					x	x	x	x		x	
Without Parallel				x								
No More Excuses											x	
	10	9	9	11	0	13	9	13	9	9	13	8

VRC 40 notes

VRC was amazing. Huge turnout, wonderful experience, the spirit of unity and an atmosphere of recovery seemed alive and well.

A highlight was Hollie H returned to the area for the first night's main speaker to share her experience, strength, and hope - among several service positions in the Nashville area long ago to later working at the World Service Office, one of her tasks earlier in recovery was to design the original VRC I banner. The next night at a live auction, the last item was an original VRC I shirt with that design which sold for quite a bit - and the addict who won the bid turned around and gave it to Hollie right then and there. It was very moving.

The whole convention seemed coordinated very well, and I found that it was often hard to pick which workshop to go to. Steps, traditions, growing old in recovery, grief, mental illness, morning meditation, sponsorship, crisis, spirituality, parenting, relapse, longevity, NA history, PR workshop, live band, comedian - it was all put together with heart and spirit.

VRC 41 will be in Chattanooga next Thanksgiving weekend, and then we are set to host VRC 42 in 2024 - Murfreesboro set the bar high for us, overall.

Regional Workshop at VRC 40 - Medically-assisted therapy (MAT) and Drug Replacement Therapy (DRT) IP - presentation and survey

- The fellowship sought to survey members about what to include in new IP literature about Drug Replacement Therapy and Medically-Assisted Treatment as it relates to NA and recovery
- NA is not looking to hold a position on whether or not addicts should or should not use MAT/DRT as an outside issue
- The largest issue brought up is that MAT/DRT patients or those with a history of MAT/DRT in their recovery and a desire to stop using are being turned away, discouraged, made to feel unwelcome or lesser than other addicts, and are going out and dying.
- One workshop attendee expressed they had MAT/DRT in their recovery history and was now clean, but felt shame about being open about it
- Another workshop attendee expressed a previous unwillingness to work with or sponsor those on MAT/DRT until reading more literature and having personal experiences that changed their belief - they went on to sponsor an addict on MAT/DRT who went on to find total abstinence successfully later on
- The survey asked participants to read the PowerPoint presentation on the na.org website and then write their personal beliefs and observations as survey answers
- This may not be a gray form process or other traditional process from the past - this may just be a chair and committee looking through all the answers to build a rough draft for the fellowship to review later - expected to be ready in 2026 with a possible preview before then
- <https://www.na.org/survey> - survey closed by end of November 2022

CAR notes

- The Conference Agenda Report will include survey results for the 4th time coming up
- Surveys can be filled out by members, as well as seated conference participants (participating regions and zones)
- The survey can also be filled out on behalf of a group or other service body, or on behalf of an event
- This helps delegates select Issue Discussion Topics as well as IPs and service material to work on in coming cycles
- The survey needs to be filled out by April 1st, 2023
- Same web page - <https://www.na.org/survey>

Area Inventory

I started making contacts and asked VRSC attendees to reach out to me if they had willingness and experience to help conduct and facilitate an Area Inventory for us. More to be revealed, but one thing to keep in mind is that we will be voting on who does this for us. Only one nomination from our RCM is required, and others are free to nominate their own NA members outside of our area for us to vote on.

Craig G, VRSC Chair for Region and PR Chair for Southern Zonal Forum, has agreed to do our Area Inventory or help find a promising addict who could use more Area Inventory experience. Craig G did our last Area Inventory with us 3 years ago.

VRSC notes

9 of 10 areas showed, so there was a quorum.

Treasurer's report

Current beginning balance at the start of VRSC was \$13503.86 before checks were turned in and cashed.

Area reports

Chattanooga

Filled vacant positions, annual Winter Bash coming up for New Year, doing well, looking to get with regional PR to figure out how to look at Narcan in the community, vacancies in H&I, Surrender Under the Stars was a success but had budget and planning issues

Clarksville

Lost two groups, down to five groups, struggling with service vacancies, H&I is doing well, PR and Activities is struggling, Dec 17 winter activity planned and looking for attendance (5pm CST/6pm EST, turkey and ham + potluck, dirty Santa up to \$10 value, ugly Christmas sweater contest, 2 speakers), they may have a motion coming up to join Greater Middle Tennessee area if things do not improve

East TN Ridges of Recovery

Struggles in area and home groups, lots of vacancies, donations have dropped off, considering shutting down, H&I going well - we may be able to reach out and look at joining forces as one larger area again

Greater Middle Tennessee Area

Improving recovery atmosphere, GSR orientations being put together, Unity was a successful event and will return in 2023, activities have a lot of participation but need new venues, had some stolen money and working through that, needing help with H&I, dealing with rogue meetings going into jails and institutions without working with H&I and working through that without getting into governance

HOT Area

Activities working on New Year Eve party, H&I is steady for men but building up still for women, PR maintains a healthy relationship with sister fellowships

Midwest

Growing, all service positions filled, annual Experience Strength and Hope Weekend April 21-23 in Henderson - everyone welcome

Mountain Area

Recovery alive and well, H&I doing well, had a successful chili cookoff in November, service vacancies, improving how H&I carries the message, Mountain Area Ugly Sweater Party December 17

West Tennessee

New RCM and Alt RCM, trying to increase in person area meetings, Fall Fest went well, looking at archiving methods, need women for H&I, multiple vacancies

Regional servant reports

RD

Working towards MAT / DRT literature, Sponsorship Day was December 3, expenses under budget, in January literature increases 12%, wants to know how to get CAR info to the fellowship and how to collect region votes to take the survey, RD and alternate RD will do Zoom or in person to schedule CAR meetings for areas but prefer Zoom. More to be revealed. February for workshops that will lead into votes. Right now, there is a CAR survey that can be filled out by any individual addict or service body

Alt RD

Focus was on community interaction, CAR workshop will be in person and Zoom for any addict. February 3, our region will be hosting zonal convention in Murfreesboro - looking for RCMs to submit flyer designs by January 2023, looking to put together resources such as phone number and website that is a partnership between all US zonal forums and RD will fill out a survey for it by December 13

PR

Ramped up awareness of regional PR and resources offered, July 2023 PR for professionals event in Murfreesboro the Friday of the zonal weekend - not open for addicts, this is not an NA

open event but is a presentation to judges, lawyers, doctors, schools, treatment centers, etc to educate about NA - zonal PR, regional PR, and area PR teams will collaborate to set it up. This leads to creating documentation and training for areas to set up their own presentation event for professionals on a smaller scale in their communities.

ITCC

VRC 41 website and ITCC resources is getting setup, looking into Google Ads, events to region website, looking to start a clone for WP for areas - Chattanooga, Central TN, and Clarksville need wordpress help, might be setting up regional ad hoc committee for websites in the region with Jimmy and James

VRC 40

RCMs were asked to take back VRC merch to sell in their areas, send funds back to region or bring excess merch back - James B on behalf of Knoxville received 1 2xl hoodie, 1 med shirt, 4 large shirts, 4 xl shirts, 4 2xl shirts. Suggested \$20 hoodie, \$10 shirt. All proceeds must go to region for these as they are the property of VRC 40 and region. James is selling as volunteer for region so that KANA does not have to incur the accounting burden - all proceeds go to region, James is not making money off of these and is keeping records of merch sold. VRC 40 had \$4-10k estimated profits so far plus another \$6k in donations, all that is after \$20k seed money paid back to region, lots of newcomer books and packets were given out

VRC 41

3-day convention, raised registration to \$45 but pre-registration is still \$25, printed registration flyers, looking over venue bids - Marriott is preferred as past experience and Doubletree is comparable in price, Chattanooga is more and offers less. Marriott offers reduced costs if we meet 145 room nights for the block, areas are asked to encourage addicts to reserve at the host venue once one is selected. VRC 41 advises Marriot. Marriot quoted \$140/room for 145 room nights, parking is \$15-18/night, 7am-midnight for all meeting spaces, event fee is \$2500 + \$1800 but \$1800 but waived if all 145 room nights sell, 80% attrition fee, standing relationship for two VRCs already

VRC guidelines ad hoc

Good progress, looking to have a draft to review first quarter VRSC 2023. Looking to form advisory group for future VRC committees to benefit from experience, strength, and hope.

Secretary

Amending August minutes, not ready to be ratified yet.

Chair

Next VRSC in between meeting is Zoom January 8, 2023 at 4pm CST, filed 990s and received professional review that determined we could submit 990n on our own, and we are no longer behind filings on 990n. Next VRSC 9:30 CST February 5, 2023.

Open forum

Regional inventory action report - brought position qualifications and responsibilities out of guidelines to make it easier for those with willingness to more easily see information about vacancies, other action items were not completed but will be extended to in between meeting

Southern Zonal Forum fundraiser - merchandise and/or fundraiser as a region - will be selling shirts, Lucy will help with flyer

CAR workshop - more to be revealed in February

Southern Zonal Forum - guideline changes, RCMs need to review guidelines and vote through email to Secretary before Jan 1, 2023, Hannah will send out draft for review and Lucy has copy of working change document upon request

Nominations

Keith R VRC 41 chair - pass

Callie G Treasurer - pass

Chris B Alt Treasurer - pass

Scott G PR - pass

Lucy O Policies and Procedures - pass

Craig G VRSC Chair - pass

Jimmy N ITCC - pass

Hannah M Secretary - pass

Vacancies

Vice chair is vacant

H&I chair is vacant

Outreach is vacant

Alt secretary is vacant

Old business

Change to donate 10% to zonal forum and 90% to World Service Conference - pass

New business

11/27/2022-1 James B for Alt Secretary - withdrawn after advice to complete 4th and 5th step, get more clean time, get more experience with current positions, and get more experience with region

11/27/2022-2 VRC 41 hotel selection, straw poll, VRC 41 committee advised Marriott - Knoxville alt RCM voted yes - pass

Treasurer will purchase new laptop and software as normal operating expenses, no vote needed, current laptop is dying. Will report at next VRSC

2022 LRG Group Inventory - Initial Report

Full 2022 LRG Group Inventory resource folder on Google Drive:

https://drive.google.com/drive/folders/1NQIr-dU0C62vD26tPqB_F2z-aUgHDv8c?usp=sharing

Group Inventory conducted 12/10/2022 from 1pm - 6:30pm.

Sam D. facilitated, Preston (acting as KANA Outreach) was absent, James B (LRG GSR) acting as Group Inventory ad hoc committee chair and reporter.

Sam D. + 6 LRG home group members present for most of the exercise.

Summary

We reviewed concepts 6-9 along with supporting literature on why groups do Group Inventories. We started with the idea that there are no bad ideas in the brainstorming section, and aimed to get all ideas on paper. The goal was full participation from everyone, not just a couple people dominating the conversation. We then started by brainstorming what the group thought our assets were. When we finished, everyone got to rate each asset from 1-5, 1 meaning we provide that asset poorly and 5 meaning we do awesome. After, we can see which assets we collectively think we do well and which ones we need improvement on. Next, we listed liabilities - issues we think the group has. Now, everyone got to mark 3 checkmarks to indicate our individual top 3 issues. Then we took the top 5 issues that had the most checkmarks and decided to focus on those for the Group Inventory. For each issue, we brainstormed possible solutions - and then went around marking checkmarks individually to arrive at our highest voted solutions. We talked about how to implement each solution, who might be responsible, who reports progress and how/when it is reported, and a deadline for each solution. We also decided that we need to have a followup to look at progress and results from these actions later in 2023.

Assets

Our only perfect asset was "coffee" rated 30 out of 30. Our lowest rated asset was "unity events" at 13 out of 30, but that may be misleading because one participant joined our home group after

our last event and has never been to any of our events so marked a 0 out of 5 down - it could be seen as 13 out of 25 instead of 13 out of 30. The full breakdown in order of lowest asset to highest asset is:

Unity events - 13/25, or 13/30, depending on how you look at it
Participate as a whole - 15/30
Social networking / communication outlets - 16/30
Area / Service structure - 17/30
Contact sheet / phone list - 17/30
Sponsorship - 19/30
Different types of format - 19/30
Welcoming newcomers & out of town - 19/30
Announcements / community event info - 20/30
Shared experience, strength, & hope - 20/30
Fellowship before, during, & after meeting - 23/30
Keytags - 26/30
Sell literature - 26/30
Provide meetings - 29/30
Coffee - 30/30

Liabilities

We identified these issues or topics to address:

- Repetition of ideas (in Group Conscience)
- Personal agendas / lack of unity (in meetings, in fellowship, in Group Conscience)
- Lack of commitment (chairing)
- Lack of fulfilling service positions
- Trainings (for service positions, including chairing)
- No caution fulfilling service positions / hasty decisions
- Outreach, inviting environment, & communication
- Group Conscience appealing (make it more appealing)
- Group participation / meetings & events (lack of home group members at meetings & events)
- Variety in events (content)
- Facility attraction (NA symbol)
- Storage organization of home (little room is a mess)
- Guidelines (reform committee) restructure
- "chair person's meeting" - the idea that a meeting is a chairperson's owned meeting where they own it and/or run it however they like

The four top issues we decided to focus on were Guidelines, Personal agendas and lack of unity, lack of commitment and service positions, and outreach and newcomers.

Many of the solutions called back to what became the main focus solution - which is guideline reform and restructure.

Outreach/Newcomer solutions

We identified some simple solutions to act on to address how we welcome newcomers.

We would like to make a few changes in how we do meetings to address this to make the place more inviting and welcoming to addicts new to LRG, but especially welcoming to the newcomer who is new to NA. Our focus here is on the most important person in the room.

We want to ask chairpeople to show up 30-45 minutes before meetings, we want to ask chairpeople to identify one or more reliable addicts who can act as door greeters early on for each meeting, we want to create a printed handout list with home group members name and numbers as well as sponsors in the area (one handout for men, one for women) and we want to hand these out to all who are new to LRG as well as anyone who picks up a white keytag at LRG, we want to encourage more home groups members to engage newcomers before and after the meetings, and we want to change the meeting formats to remove the part asking willing and able sponsors to raise their hands and instead replace with verbiage that talks about how to approach someone to ask them to sponsor. Most of the time, it is only Ray raising his hand and it makes it look like no one is available to sponsor. There are multiple addicts who come to LRG who will sponsor if an addict approaches them, but they are unwilling to raise their hand. It was also brought up that it could be seen as partly a home group's responsibility to help an addict find a sponsor - looking into literature that supports that idea.

Who would be responsible for these items: Everyone in our service body has responsibility here, but the new printed phone lists would be the responsibility of the guidelines ad hoc as one of their early deliverables.

How/when do we report: Everyone especially home group members report to one another and hold each other accountable.

When do we take action on these items: ASAP, right now.

Lack of commitment / service positions solutions

We agreed that a top issue we want to address is a lack of commitment or consistency to commitment, and service positions that appear to struggle. We have a history of trusted servants needing to step down for their own serenity in the middle of commitments. We also have observed a history of chairpeople as well as present home group members we would hope would support our chairpeople not following the level of commitment we need for respect to our landlord or to maintain an atmosphere of recovery (leaving coffee pot half full, not cleaning up, arriving late to chair, not taking action to lovingly shut down disruptive behavior, at times participating in disruptive behavior, etc.) We also believe that we have been quick to voluntold or strongarm addicts into positions that may not best match their skills, which concept 4 warns us about. Finally, we identified that we tend to throw in the next month's chair positions as the last item and it becomes a second class citizen, where we quickly throw names down on the calendar at end when everyone is already tired and frustrated and rushed to close the meeting - at times, without taking enough time to consider when a chair might need a dedicated home group member show up to show them the ropes correctly.

We have identified what we believe to be simple and practical solutions to implement, some immediately, and some over the upcoming months with the guidelines ad hoc committee.

1. Checklist for chairpeople based on current guidelines and how we do things

Who: the ad hoc committee would create this as one of their first orders of business

How/when reported: this should be reported next Group Conscience in January

Deadline: ideally, this is created and submitted by next Group Conscience to be voted on. Upon approval, it would be printed and put in the meeting binders and given to new chairpeople.

2. Encourage support/help - encourage home group members to ask for help when needed, and to offer help when noted

3. More carefully consider individuals (for chairpeople and for trusted servant position as well as other service opportunities, matching skills an addict has to skills required)

Who: Everyone

How/when reported: Everyone especially home group members report to one another and hold each other accountable.

Deadline: starts now, ASAP

4. Move chair calendar up in Group Conscience agenda to after reports and before Old Business

Who: Group Conscience chairperson

How/when reported: Immediate

Deadline: starts now, ASAP

5. Encourage service mentors - Steve B does this with Bobby, acting as a chairperson service mentor. We would like to encourage more of this. Ideal candidates for service mentors have solid cleantime and well-rounded experience with home group service work as a minimum, it doesn't necessarily have to be LRG home group experience.

Who: Everyone

How/when reported: Everyone especially home group members report to one another and hold each other accountable.

Deadline: starts now, ASAP

6. Label little room keys with days of the week - chairpeople return their keys when they are finished with their commitment, they do not keep them indefinitely. Alternatively, we discussed replacing the little room lock with a new lock and key, and installing a keybox that uses a reprogrammable code we change each month. Chair people would not be given their own key, but instead they would be given that month's code to temporarily use the key.

Who: Guideline ad hoc committee to review options and bring back recommendation to Group Conscience. Followup actions would be determined at that time.

How/when reported: Ad hoc chair would report at an upcoming Group Conscience once more information is gathered and discussed.

Deadline: Initial findings due by January 2023 Group Conscience.

7. New training for chairpeople, revisited stipulations and suggested requirements for chairpeople, and showing chairpeople where things are

Who: Guideline ad hoc committee to brainstorm and come up with findings to review and actions to implement.

How/when reported: Ad hoc chair would report at an upcoming Group Conscience once more information is gathered and discussed.

Deadline: Initial findings due by January 2023 Group Conscience.

Personal agendas / lack of unity solutions

We identified very simple and practical solutions to the issues of personal agendas, addicts dominating Group Conscience, strong personalities, and lack of unity.

These are our proposed solutions:

1. Invite oldtimers and old LRG home group members back to LRG - for Group Conscience, and to meetings.
2. Holding one another accountable in a loving way.
3. Host workshops and training for the 12 Traditions and the 12 Concepts

Who: Everyone (but we need to delegate someone to coordinate the workshops and trainings)

How/when reported: Everyone (we did not identify when we would report about the creation of workshops and training)

Deadline: Now (we did not identify when our workshops and training would begin)

Guidelines solutions

We identified tasks that would be part of a guidelines overhaul, and decided to group them all together.

This involves the creation of a new ad hoc committee similar to the one we tried before.

We identified that we need a consistent and reliable chair for this - they do not need to be great at typing or organizing words, only able to delegate and be reliably present for their ad hoc meetings.

The ad hoc should meet regularly and would have immediate deliverables due by the next Group Conscience after forming (January 2023), and other deliverables that would need to be worked on over time and not wait until the last minute. We estimate that all deliverables can be achieved by June 2023.

We would like to ask the guidelines ad hoc to look at what is already in our guidelines and work towards simplifying - if it is truly black and white, like always make sure the coffee pot is turned off for chairs or always make sure two trusted servants count money at events, then it needs to be in there. If it is not necessarily black and white or a strong suggestion, we may be tying God's hands and overcomplicating our guidelines.

We want the ad hoc to commit to a regular time and date to meet. We also want the ad hoc meetings to be regularly announced and all addicts welcome - the more participation, the better this will go. We also want the ad hoc to think about inviting addicts from their network outside of the home group, if they would be willing, including trusted servants from other home groups and the Policies and Procedures chair Amber from KANA.

We want to be careful about how detailed and how far procedures go.

We want to focus on roles and responsibilities of chair people.

We also want to look at the possible creation of a new trusted servant - AROCK Liaison. One way or another, we identified that we need to elect an AROCK representative that will go to AROCK meetings and bring info back and forth such as event scheduling, issues to report to the landlord, issues and concerns the landlord has about us, etc.

We want to conduct a group study / workshop of our current guidelines for new chairs and servants, and then redo this in the future once we arrive at the new guidelines.

We also discussed putting in the guidelines the frequency at which we should conduct Group Inventories in the future and who would be responsible / details about how we do them.

The new ad hoc committee will need to review this report to assess priorities in order to meet the deadlines in the way that we asked them to do.

Who: TBD - we need an ad hoc chair to be nominated and voted in.

How/when reported: At each Group Conscience

Deadline: Various milestones, but all deliverables by June Group Conscience

Followup

We also identified that we need to have a final followup with Sam D. in June 2023 after our June 2023 Group Conscience to meet as a Group Inventory ad hoc one last time to evaluate our deliverables and any performance results we may have observed as a home group.