

Knoxville Area Service Committee
Monthly Meeting Minutes
January 21, 2023

Serenity prayer
Traditions
Concepts

Area Trusted Servants

POSITION	NAME	PHONE NUMBER	EMAIL
Chair	Justin	865-360-3175	
Alternate Chair	John	865-599-8968	
Treasurer	Joe		
Alternate Treasurer	vacant		
Secretary	Rachel	865-919-2800	
RCM	Sam		
Alternate RCM	James		
H&I Chair	James		
Public Relations Chair	Vacant		
KACNA Chair	Justin		
ROR Chair	Ian		
Policy & Procedures Chair	Absent		
Outreach Chair	Preston		
KAZM Chair	Vacant		
Activities Chair	Robert		

GROUP ROLL CALL AND MOTIONS- roll call added as excel sheet to min
Motions added to new business

TRUSTED SERVANT REPORTS

POSITION	REPORT
Chair	Justin- adhoc no longer needed at this point. Will not be here for march area.
Alternate Chair	John- no report
Treasurer	Joe- filed with state and sales tax exempt. Requirements are payments need to be paid by corp not individuals- get a form from Joe when need to purchase items. Year end provided to look over. Operating account for bills-ror account 5K-kacna 10K- each treasurer added to each account- cant close old account yet, need to make sure everything is changed over first, open for one more month. Report now month to month not meeting to meeting. Kacna debit card given to Justin for him to use. Budget-let Joe know a guess at budget for each sub committee asap. Donation to region \$1900. Fidelity Bond ensures in case money goes missing- joe will get quotes on how much this would be. (insurance policy basically) policies and procedures are updated reflecting 501c3.
Alternate Treasurer	vacant
Secretary	Rachel- po box needs to paid. Ammend missing notes from james for rcm/LRG List for GSR/alt GSR? Remove list and redo it next month. Google drive
RCM	Sam- did not attend nov VRSC- working with james to train him to be RCM. Feb will be last meeting as RCM. March-james will be nominated and voted in by april. Should be strawpoll vote.
Alternate RCM	James- add from email
H&I Chair	James- doing well, lots of support right now. Almost all panel positions are currently filled.
Public Relations Chair	vacant
KACNA Chair	Justin- signed contract with hotel (saved lots of money w no taxes!!) March 1-3, 2024 Theme- Leap into Freedom at Crowne Plaza. Ideas for speakers let committee know. Love more support. Committees can always use help. Next committee meeting is Feb 12 th at 12pm Sunday 530 W 5 Th Ave. at the gateway. If homegroup wants to do fundraiser, let them know.
ROR Chair	lan- slowly starting to get ROR going...ROR meeting Sunday feb 5 th at 6pm shoneys chapman hwy. need help getting committee going
Policy & Procedures Chair	Amber- absent
Outreach Chair	Preston- Spoke with 4 groups regarding area attendance. LRG will have GSR workshop at approx 3pm on 1/29/23 and a chair workshop at 1:30pm at the AROC building. Considering a GSR workshop after the april area meeting 423-552-0880 Preston #
KAZM Chair	vacant
Activities Chair	Robert Ideas floating around. St Patricks Day? Changing time of meeting to 7pm Second Sunday of everymonth at waffle house at Alcoa looking for someone to take over activities chair

GROUP REPORTS

Changes no longer a meeting

GROUP NAME	GSR	REPORT
The Fix		Group is doing good, celebration this month Catrina P 17yrs.
Glow in the Dark		

H.O.P.E.		We need support, attendance is down. Thursday meetings are split now, zoom and in person. 7:30 pm Celebrations: feb 6 th Michael K 3 years March 13 Belinda L 27yrs. Melissa H 9 years Jan 30 th Caryl G 40yrs and Catrina P 17 years
Fearless inventory		Needs support
Hope in the Hood		Needs to be "Hope N da hood". Elections next month service positions open Wednesday night book study 8pm need support Friday nights- speaker meeting needs support.
No More excuses		
Little River Group		ADHOC to deliver group inventory tasks, doing well. Next adhoc meeting Sunday Feb 5 th at 2pm at AROCK building In rockford-all addicts welcome. LRG is now playing capture the flag-proposed ground rules printed out Need a 12 traditions and 12 concepts workshop series facilitator Meeting updates: Mens/womens meeting thurs 8pm is speaker meeting, last Thursday 8pm is cleantime celebration every month
Nightshift		Only 2 home group members. Business meeting is 2 nd Friday of the month at 9pm (before meeting)
No Name		
Noon Thirty		
Practical Applications		
Recovery Riders		
Serenity in Sweetwater		
Something More Than Free	Jeremiah	March 2nd-eat and speak. Speaker, main protein, and drinks provided. Everyone else can bring sides and sweets. Eat from 6-7 and speaker will start at 7-8. Not a fundrasier-just to give back.
Solutions R Us		
Thank God for New Beginnings		
Vol Group		

OPEN FORUM

Open positions:

Activities- ready to give up position

PR- harold willing

Alt Treasurer- 1 yr position

When can we buy literature from area again? –when we have a lit chair?

Area would have to create lit position- lit order coordinator? We wouldn't stockpile like a bookstore, just one person that coordinates orders for all the groups either monthly or quarterly?

If area were to decide to create lit order coordinator position-Sam d would be willing.

It wouldn't matter if it was over 250\$ bc its home groups money we are spending, not area?

Operational: can we do bulk order and have it shipped multiple locations- doubtful- we can do tax free if HG brings money to area-gives to sam-verifys money with Joe-use area CC to order. Bulk order would be to save on shipping—wouldn't know shipping per HG until after order put together. Ordering deadline: if you want it in Feb-have money and order by Jan for example. Have it at beginning of area, and order placed at the end of the meeting. Area absorb shipping cost?

Would it be shipped to PO box or someones house? Do we have storage unit?

Keytags are shipped in giant bags.
Don't want to storekeep books but what about keytags?
Shipping couldn't be more than 250/month...right?
Take back to groups?

Feb area will have dates for area inventory

OLD BUSINESS

None

NEW BUSINESS

Nominations:

The fix nominates Harold P for PR position, thank god for new beginings 2nds to fill vacant spot.
Harold- 27 years clean, Gsr several times, area treasurer, group treasurer, has a sponsor to has a sponsor who works steps. Willing to take position-will need help.

Motions:

HOPE motion to create area literature coordinator (nightshift 2nd) back to groups to establish new position which will be yearly sub committee position that includes doing bulk orders for homegroups for literature. Homegroups bring order and money to area and an order will be made and lit will be picked up the following month. Intent is to create position that coordinates lit orders on behalf of area groups to reduce the burden of shipping costs. Financial impact; knox area will be absorbing shipping cost.
(need alternate as well)

HOPE nominates Sam D to fill position of area literature coordinator. Sam has willingness and experience with service. Intent: fill position. LRG 2nd. Sam has a sponsor to has a sponsor who works steps and traditions. Does service work, been mulitple chairs of conventions, VRC, GSR for homegroup as well as other positions, ROR 26merch chair, ROR 25 hospitality chair. As of today 10 years and 363 days clean.

Motion to close: Fearless inventory and HOPE 2nd.

Capture the Flag (proposed ground rules)

These “ground rules” have been recreated based on conversations with oldtimers who played Capture the Flag in the Knoxville area before the pandemic. We are still looking for unity and consensus on how this works, your help is appreciated. In the interim, Little River Group plays by these rules right now - **our flag is now in play and can be captured using these rules.**

History: Capture the Flag is not new to NA. Groups and even entire areas around the world have been playing this for a long time, and there are various rules out there.

Purpose: The main idea is to promote unity throughout the area and across groups, encourage newcomers to join home groups, increase home group members attending their own meetings, and promote addicts riding to meetings together throughout the area.

Special note: “Capture the Flag” happens during actual recovery meetings, not during Group Conscience business meetings or group special events.

Ground rules (proposed, recreated based on addicts’ memories)

1. **Opt-in** - This is opt-in, informal, and optional - home groups do not have to play if they do not want to play. This is not an “area vote” or governed in any way by any addict or service body.
2. **Must have a flag to play** - In order to play, a home group MUST have a “flag” in-play somewhere, and display all flags in their possession at every recovery meeting.
3. **Steal flags by participating in recovery meetings** - Invading home groups may steal one flag of their choice if they show with more home group members than the defending home group has present at any recovery meeting - *invading home groups must stay prayer to prayer.*
4. **Multiple invading home groups** - first to announce the intent to steal and then prove the right to steal gets first choice of which flag to steal, if multiple flags are available to steal.
5. **Teaming up** - smaller home groups may elect to team up together to invade a larger home group. It is up to the invading home groups to decide who will take the stolen flag back home.
6. **Anonymity** - Invading home groups CAN but DO NOT HAVE TO announce which home group they represent. Better get to visiting lots of groups in the area if your flag gets stolen!
7. **Making your flag** - No rules, except your flag must show your group’s name somehow. Cardboard and sharpie, DIY arts & crafts flag made at a special unity day with your home group members, fancy pro design & printed at a banner shop, and anything in-between. Tiny or huge, any material.
8. **Marking territory** - Some flags have space on the back to write the date and name of the invading group that stole the flag. This is optional all around - to include on a flag, or to write on it if it is included.

Alt RCM report to KANA - 01/21/2023

Updates and reminders from November 2023's VRSC

I previously identified Craig G. as an addict of interest for our next area inventory - he performed our last area inventory, and he has regional as well as zonal experience. He appears to still be willing if he is voted in, when it is time to look at our area inventory.

Last I reported, Clarksville was hurting pretty bad. They lost two out of seven groups, and were working with a graveyard shift of area trusted servants - maybe 2 or 3 total volunteers. This was the area where I went to visit for their winter party last month. It turns out, other addicts in the region had the same idea. I ended up arriving early, in time to observe their area meeting. The normal crew of trusted servants had a look of defeat, prepared to vote on shutting the area down. This winter event was their last celebration. Well, God showed up. One by one, local addicts began pouring in. They received nominations for every single vacancy, and multiple home group members from each group showed up. It was a packed house. You could visibly see hope and joy return to the faces of addicts as they listed off vacancies and would get interrupted with each one with a nomination for each. Hopefully they keep the momentum, but it was amazing to watch it unfold.

Reminder that East TN Ridges of Recovery last reported they were struggling - we may be able to work together, if any addicts know members from that area.

Reminder that Midwest area has their annual Experience Strength and Hope Weekend April 21-23 in Henderson - they let us know that everyone is invited and welcome, they'd love to see us roll up in a caravan

Reminder that January saw a 12% increase in literature - bronze medallions and books were affected by the jump in price,

Correction from last month, the Southern Zonal Forum event in Murfreesboro is in July, not in February.

I still have a few VRC 40 t-shirts left to sell for region. All money from these goes to region, \$10 each.

I still have early registration printouts for VRC 41 next year in Chattanooga, Thanksgiving weekend.

The next Volunteer Region Service Committee (VRSC) meeting is a Zoom meeting on Sunday, February 5th at 10:30am EST using the region Zoom code. All addicts are welcome as observers.

Current region vacancies are still Vice chair, H&I, Outreach, and Alt Secretary

VRSC in-between notes - 01/08/2023

Regional Inventory report

- The information and resources from our inventory are to be posted on the events calendar on the website. This is still a standing item. PR, Outreach, and Events calendar (ITCC) are supposed to post these. The Events calendar can also be used for VRSC meetings, in-between meetings, and area events.
- The regional newsletter is for PR/Outreach to start putting out a newsletter.
- Craig is looking to put up a Resources page on the website.

Southern Zonal Forum t-shirt design

- Lucy made a low resolution design and is getting help from the Arts and Graphics team from VRC 40 to get a higher resolution version

Southern Zonal Forum event flyer

- Lucy made an event flyer for the Southern Zonal Forum event

Southern Zonal Forum event

- July 28-30 in Murfreesboro
- Friday event called PR for Professionals - closed, not open to all addicts
- Rest of weekend is open to all addicts
- Hilton DoubleTree in Murfreesboro

Regional PO box changes

- Looking to change PO Box to Murfreesboro instead of Nashville
 - Pro: Region has met in Murfreesboro 10 years
 - Con: Many areas and regions have our old PO and mail things like event announcements to our old PO box
- Price is going to increase in Nashville

H&I letters

- Dell will continue to forward H&I letters to Lucy until we get a regional H&I chair

VRC 41

- Moving forward with the Marriot

CAR and CAT workshop

- Conference Agenda Report and Conference Approval Track
- Region is ready to schedule CAR workshops with areas
 - RCM and Alt RCM and anyone else from area welcome
 - RCMs bring back and conduct same for their areas
- CAT has not been completed so region is not ready to schedule CAT workshops
 - Not sure about this but the regional delegate let us know more will be revealed
- Looking at February 25 for hybrid CAR workshop for region
- After region hosts their CAR workshop for areas, we can host our own local CAR workshop for GSRs and their home groups
 - There is already a PowerPoint showing the information about the CAR survey
 - Any individual addict plus any service body can conduct and fill out the CAR survey - groups can fill it out together, as well as areas and regions
 - Even participants of any NA event can fill out the survey on behalf of the event itself
 - An addict can be represented in multiple ways at the same time in the survey - individually, through their group vote, through their area vote, their region vote, and votes cast as a collection of addicts at an event
 - More to be revealed soon, the survey closes on April 1, 2023.
 - Be thinking about a good day and time that we can schedule an area CAR workshop sometime after February 25. We are still waiting to hear back from region to get a final date on their workshop, but if we have to, we can use the presentation online and conduct our workshop without region's help if it means giving groups enough time to prepare before the vsurvey closes.

Bank account changes

- Should be done by next VRSC

Email address changes

- Need email addresses changed

Treasurer guidelines changes being proposed soon

- Number of signers on checks, have not followed these since COVID, arbitrary rule that bank does not follow or require any longer
- People living in same household